

A partnership  
approach

Open and  
honest  
communication

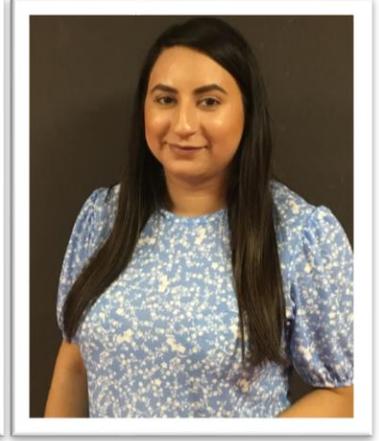
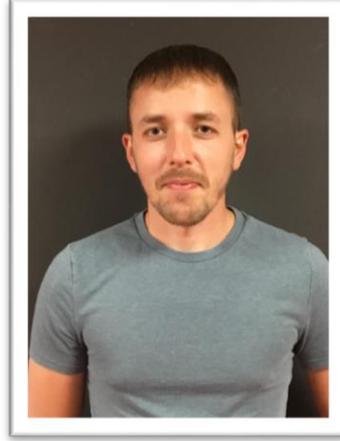
# Nelson Primary School's Early Help Offer

Nurturing

Supportive

Caring

# Nelson's Safeguarding Team



Miss Barnes

Miss Forrest

Mr Hargreaves

Miss Hickman

Miss Bi

*We are always happy to help where we can and to try and help you find the right agency to support you. Come and talk to us, we are here for you.*

# A Supporting School



Hello and welcome to Nelson Primary. I am Miss Forrest, the Head Teacher. I am proud that we have a supportive culture in school where we recognise our job is as much about safeguarding children than it is educating them. We work closely with families to ensure our pupils thrive.

**Miss Forrest is in school every day and usually in the playground at the start and end of the school day.**

# Supporting Everyone

Hello, my name is Miss Barnes. I am one of the Deputy Headteachers at Nelson Primary school and the Lead DSL. I work closely with all of the Deputy DSLs and relevant partners to ensure we offer the very best support to those in need.



**Miss Barnes is in school  
everyday. You can contact  
her on  
0121 464 2201**

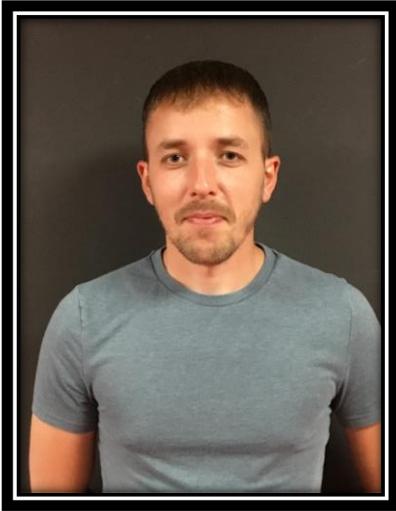
# Supporting Families



Hello! My name is Miss Hickman and I am the Pastoral Manager and Attendance Worker. I support families who may need emotional or financial support. I also sign post families to other agencies if needed. I operate an open door policy where EVERYONE IS WELCOME!

**Miss Hickman's working week is as follows:  
Tuesday and Wednesday  
8am-4pm You can contact her on  
0121 464 2201**

# Supporting Pupils



Hello and welcome to Nelson Primary. My name is Mr Hargreaves and I am the Senior Learning Mentor. I support pupils who may experience difficulties in school.



Hello everyone, my name is Miss Bi and I am the Learning Mentor at Nelson Primary. I work mainly in the Nurture Room, where I help children who may be going through a difficult time. I'm experienced in supporting children through bereavement, anxiety and other emotional and behavioural difficulties.

**Mr Hargreaves & Miss Bi are in school everyday. You can contact them on 0121 464 2201**

# NURTURE

*Boxhall Profiles are used to identify children who need extra help.*

## **In Nelson Bears we...**

- Practice our social skills.
- Recognise our feelings.
- Highlight the importance of transition in children's lives.
- Work on dealing with our emotions.
- Promote self-esteem and confidence
- Learn how to cope with difficulties at home.
- Develop friendships

*And much more...*

# MENTAL HEALTH AND WELL-BEING

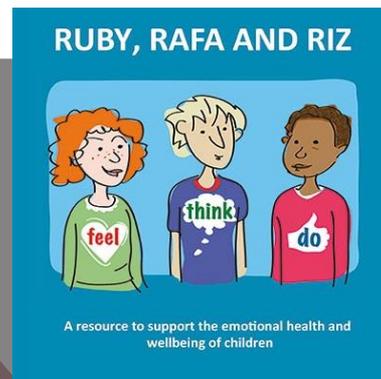
We have a range of programmes which can be used to support pupils who are suffering with mental health and general well being.

These programmes offer short term focused interventions.

- **Myg and Me** explores why children and young people become anxious. It looks at ways to create an emotionally safe environment to help children manage anxiety and self-regulate in a healthy way.



- **Ruby, Rafa and Riz** is a resource to support the emotional health and wellbeing of children. This charming and identifiable storybook follows Joe as he learns about feeling 'safe' and 'unsafe' and what to do when he feels 'unsafe.'



- **Something Has Happened** is a resource used with children who have experienced trauma in their lives. This can include children who have witnessed something which they need to share.



# **BEREAVEMENT, DIVORCE AND SEPARATION**

*We are qualified in supporting children who have experienced bereavement.*

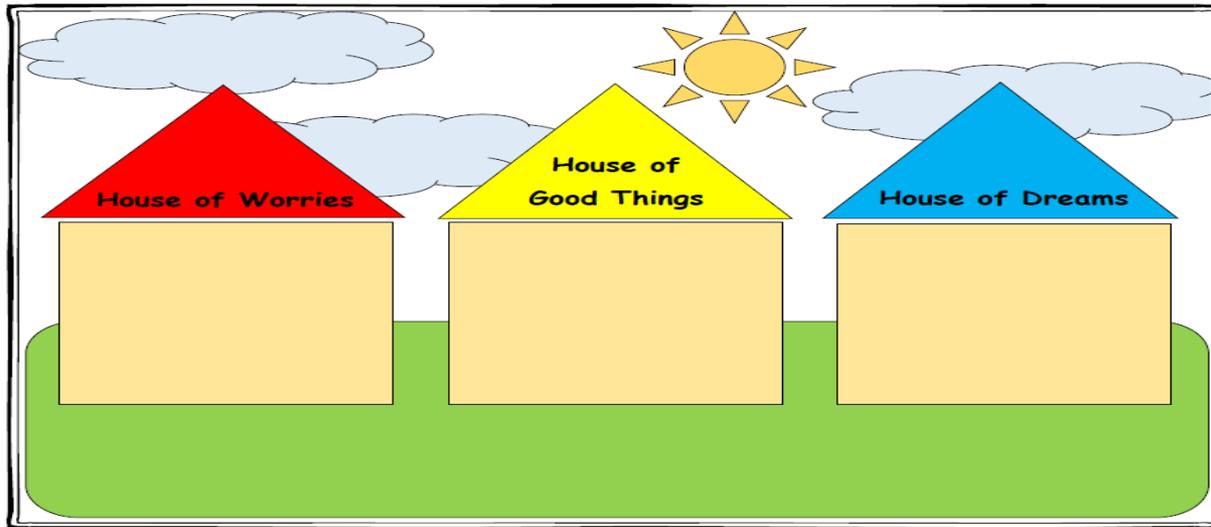
The Mentors will see children on a 1:1 basis and support them through this difficult time.

Children will create memory jars which they will take home and place in a special place. This helps manage emotions when thinking about the person they have lost.

When families are going through Separation and Divorce, children can witness and feel a variety of mixed emotions. The Mentors will design special individual activities to support the child through this.

*Our Pastoral Manager, Miss Hickman, can also offer support to adults.*

# THREE HOUSES



If your child has a concern, or you are concerned about your child, we will usually begin our support with the Three Houses tool.

This allows the opportunity for the child's voice to be heard. We can then action any concerns raised, such as worries they have at school or at home, and plan what we can do to support your child and make a positive difference. We review these at the end of each term to monitor progress.

# FRIENDSHIP ISSUES

- Anti bullying work is completed in the Nurture Room. We have been awarded a Silver certificate from the All Together Anti Bullying Alliance.
- Anti bullying week takes place each year and workshops from outside agencies are available to different year groups.
- The “Friends for life” programme is ran in KS1 & KS2 for children who are struggling to form positive friendships or who may have experienced bullying. ‘FRIENDS for Life’ is an internationally recognised programme that teaches children and young people techniques to cope with anxiety and promote wellbeing, social and emotional skills and resilience.



# PASTORAL MANAGER SUPPORT

## *The Pastoral Manager, Miss Hickman can help with:*

- Completing housing application forms via Birmingham Choice website
- Families who are currently homeless or are facing eviction due to financial difficulty.
- Liaising with various housing associations such as Birmingham City Council and Sandwell City Council.
- Accessing Food Banks and Ladywood Furniture Project.
- Helping Parents who are facing difficulties
- Attending relevant meetings to ensure that parents, school and external agencies are working effectively and in partnership in the best interests of the child.

Miss Hickman also works with children 1-1 and uses tools and techniques such as **Art therapy**.

If the Safeguarding Team feels that more specialist support is needed for your child, with parents consent, they will refer to outside agencies such as the **STICK Team**. The STICK team are committed to increasing therapeutic interventions in children and young people. They also aim to increase knowledge of trauma and ACES across professionals in Birmingham and equip these professionals to appropriately support the CYP in their care, preventing their needs escalating to requiring secondary care.



## STICK TEAM

- **SCREENING** – Providing assessment and screening of CYP within schools, GP surgeries and family support services to increase early intervention and identify emerging symptoms
- **TRAINING** – Providing specialist training to professionals working alongside CYP to up skill and equip them to provide low level interventions
- **INTERVENTION** – Therapeutic menu of interventions for CYP who traditionally would not have met thresholds for a CAMHS Service
- **CONSULTATION** – Specialist consultation for those working in education, children's services and GP practice – encouraging wrap around care when it is most needed
- **KNOWLEDGE** – Practitioners include nurses, social workers, teachers and youth workers. The combined skill of this team brings a specialist knowledge and a comprehensive service

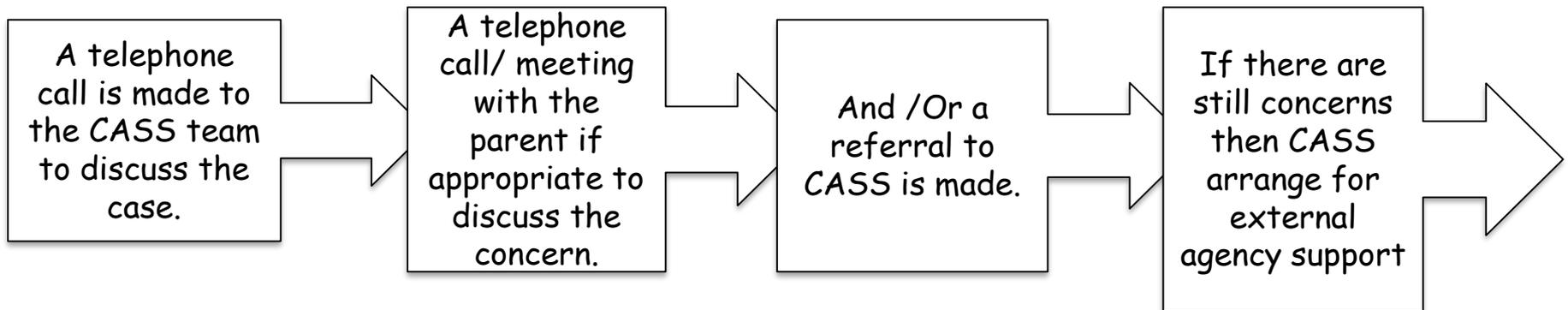
# EARLY HELP ASSESSMENTS

- Early Help Assessments help to identify children and families who would benefit from early help. We will undertake an early help assessment and provide targeted early help support to address those needs to significantly improve outcomes.
- The Early Help Assessment looks at the thoughts and feelings of everyone involved – this includes the child, family and professionals. It identifies at what is going well and what needs to happen to make things better.

# OPEN COMMUNICATION

We will make all the information we need to share with you clear and easy to understand.

What happens if there is a safeguarding concern?



# **NELSON PRIMARY ARE ALWAYS WILLING TO HELP WHERE THEY CAN.**

COME AND TALK TO US IF  
YOU NEED TO.